

## “ in the frame...”

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WITH SOME NICE WEATHER PREDICTED FOR THIS WEEK, AND WESTBOURNE ADORNED WITH EASTER DECORATIONS, THERE IS, AT LAST, A FEELING OF ANTICIPATION AND HOPE, WHICH IS POSITIVELY CONTAGIOUS.



THE RESIDENTS HAD THEIR SECOND COVID 19 VACCINATION ON SATURDAY 27<sup>th</sup> MARCH, WITH THE STAFF NOT FAR BEHIND SO, HERE'S TO THE START OF SOME FUN THINGS TO LOOK FORWARD TO, NOW RESTRICTIONS ARE BEING LESSENERED.

WE HAVE THE PLEASURE IN INTRODUCING THREE NEW MEMBERS OF STAFF, WHICH WE WELCOME TO THE FOLD... CAROLINE, THE HOME MANAGER, BEVERLEY C THE ASSISTANT MANAGER AND BEVERLEY B THE SENIOR NIGHT CARER.

### *THE ENVIRONMENT;*

THE DINING ROOM HAS BEEN FULLY REFURBISHED WITH A LOVELY CALMING LIGHT PAINT ON THE WALLS, WHICH COMPLIMENTS THE TURQUOISE CHAIRS AND TABLE LINEN.



SOME NEW ARTWORK HAS BEEN DISPLAYED SOME LOVELY FRESH FLOWERS SOURCED, BRINGING A TOUCH OF THE OUTDOORS INSIDE.

THE CONSERVATORY IS AN AREA CONDUCTIVE TO A RELAXING READ, CATCH UP ON A VIDEO OR THE TELEVISION, GENERALLY, PERHAPS A GOOD DOCUMENTARY TO ENJOY OR SIMPLY TO JUST CHAT WITH A FELLOW RESIDENT. THE NEW FLOORING AND NEW FURNITURE WHICH ALSO HAS THE LOVELY PASTEL SHADES OF THE DINING ROOM ARE A PEACEFUL HAVEN TO CATCH UP ON THE REGULARLY VISITING WILDLIFE FROM BIRDS TO SQUIRRELS. THE FLOWERS ARE JUST COMING INTO BLOOM, WHICH ADDS TO THE AMBIENCE OF THE PLACE.



THE NEW BLINDS GUARANTEE A TEMPERATURE THAT IS ALWAYS COMFORTABLE. WITH NEW BLINDS BEING FITTED THROUGHOUT WESTBOURNE, EVERY ROOM HAS THE OPTION OF KEEPING THAT MUCH YEARNED FOR SUN AT BAY, SHOULD THE RESIDENT

REQUIRE IT. ALSO PRIVACY TO SIT AT WINDOW AND LOOK OUTSIDE.

### *ACTIVITIES*



FROM AN ACTIVITIES POINT OF VIEW THE RESIDENTS HAVE BEEN KEPT VERY BUSY WITH EVERYTHING FROM SKITTLES, ARTS AND CRAFTS, GAMES, WORD GAMES, SINGING WITH A LITTLE BIT OF DANCING, IF FANCIED, LONG CHATS ABOUT EVERYTHING FROM FAMILY TO HOBBIES AND EVERYTHING IN BETWEEN.



SOME LOVELY HATS HAVE BEEN MADE ALREADY FOR THE EASTER HAT COMPETITION AND AN EASTER EGG TREE WILL BE DISPLAYED IN THE DINING ROOM THIS WEEK ALONGSIDE MORE EASTER DECORATIONS. THE RESIDENTS WHO DO NOT WISH TO PARTAKE IN GROUP ACTIVITIES, ALWAYS GET A ONE TO ONE CHAT WITH MONICA, ACTIVITIES CO-ORDINATOR, SO NO ONE IS EVER LEFT OUT.

A FEW RESIDENTS HAVE ALREADY TAKEN A STROLL AROUND THE GARDEN TO ENJOY THE LOVELY DAFFODILS AND ROSES AND NICK WAS KIND ENOUGH TO GO THROUGH EVERY PLANT AND FLOWER EVEN GIVING THEM THEIR LATIN NAME, I WAS VERY IMPRESSED. SOME EVENTS FOR YOUR DIARY FOR APRIL/MAY/JUNE 2021;



#### **29TH MARCH 2021**

- EASTER BONNET FOR EASTER BONNET COMPETITION HAND MADE EASTER CARDS FOR LOVED ONES.

#### **2ND APRIL 2021**

- GOOD FRIDAY LOVELY HOT CROSS BUNS TO ENJOY WITH A NICE CUPPA.



#### **4TH APRIL 2021**

- EASTER SUNDAY AFTER YOUR MOUTH WATERING EASTER SUNDAY LUNCH, SOME CHOCOLATE ORANGE EASTER EGGS TO TAP AND ENJOY AS THE CHOCOLATE PETALS UNFOLD.

## **5TH APRIL 2021**

- EASTER MONDAY AS SPRING BEGINS TO BLOOM BEFORE OUR VERY EYES, A BIRD QUIZ SEEMS A NICE WAY SPEND A LITTLE TIME ON EASTER MONDAY.



## **12TH APRIL 2021**

- A FEAST FOR YOUR VERY EYES AS WE INDULGE IN A COFFEE MORNING AND SAMPLE A VARIETY OF CAKES WHILST WE ENJOY SOME BACKGROUND MUSIC OF THE 40S.



## **19TH APRIL 2021**

- WE CAN WELCOME ST GEORGES DAY WITH A CHAT ABOUT THE HISTORY OF ST GEORGE FOLLOWED BY SOME GENTLE EXERCISES TO SOME CLASSICAL MUSIC.

## **26TH APRIL 2021**

- WESTBOURNE 'TAKE AWAY' WHAT DO YOU FANCY THE KITCHEN MAKING.....ITALIAN, INDIAN, GREEK OR PERHAPS A NICE HUNGARIAN GOULASH.....WE'LL HAVE A CHAT WITH YOU ALL TO SEE THE FAVOURITE....ALTHOUGH YOU ARE WELCOME TO JUST STICK WITH A NICE TRADITIONAL ENGLISH MEAL TOO.

## **3RD MAY 2021**

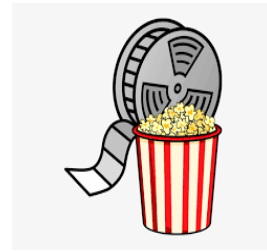
- A QUIZ ON COUNTRIES - HOW GOOD ARE YOU ON YOUR GEOGRAPHY - PROMISE NOT TOO MAKE IT TOO HARD

### **10TH MAY 2021**

- YES, IT'S THAT TIME AGAIN....A COFFEE MORNING WITH SOME MOUTH WATERING CAKES FROM THE KITCHEN

### **17TH MAY 2021**

- WHAT ABOUT A NICE FILM.....SOME LOVELY CHOICES IN THE WESTBOURNE DVD COLLECTION - ONE OF YOUR FAVOURITES WILL BE IN THERE, SOME CRISPS AND A DRINK TO REENACT THAT CINEMA FEEL.



### **24TH MAY 2021**

- SOME GENTLE EXERCISE TO DANELLE O'DONELL WITH THAT BEAUTIFUL IRISH TONE TO GET THOSE LIMBS MOVING.

### **31ST MAY 2021**

- HOW WELL DO YOU KNOW YOUR FOODS. A QUIZ TO FIND OUT, SOME NICE NIBBLES TO ENJOY WHILST WHETTING YOUR CULINARY APPETITE A BBQ FOR RESIDENTS FAMILY WOULD FOLLOW THE ABOVE NICELY AS EVERYONE GETS TO ENJOY THE SMELL AND TASTE OF THE OUR YEARLY, VERY POPULAR, BBQ IN THE GARDEN.

### **7TH JUNE 2021**

- COFFEE MORNING WITH A MAD HATTERS TEA PARTY THEME.....LET YOUR IMAGINATION RUN RIOT AS YOU ENJOY YOUR COFFEE AND CAKES SURROUNDED BY...WELL, WAIT AND SEE.....

### **20TH JUNE 2021**

- FATHER'S DAY LETS SPOIL THE MEN TODAY.....

### **21ST JUNE 2021**

- SOME GENTLE EXERCISE TO SOMETHING FROM OL BLUE EYES.....PERHAPS FLY ME TO THE MOON OR A BIT OF THATSWHY THE LADT IS A TRAMP....COME FLY WITH ME....THELIST IS ENDLESS, TO MOVE THOSE FUNGERS AND TOES

**28<sup>TH</sup> JUNE 2021**

- QUIZ - LETS SEE WHAT WE ALL KNOW ABOUT THE SEASONS